

Atlanta

* The Ultimate Airport Guide

**ALTON
BROWN**
INSIDE
THE
MIND
OF TV'S
GENIUS
CHEF

**MOREHOUSE
MURDER**

**WISDOM
FROM A
SMART
ELEVENTH
GRADER**

**ATLANTA'S
CORPORATE
EXODUS**

**HOW TO
DESTROY AN
ASTEROID**

+

**ALTON'S ATLANTA
SHOPPING SECRETS**

\$4.95 APRIL 2007 04>



0 74820 18738 8

GREAT SOUTHERN GETAWAYS >

South Carolina



For many, South Carolina is synonymous with the ultimate beach vacation—be it a fun-filled family trip to Myrtle Beach and The Grand Strand, a romantic weekend in sophisticated Charleston, or a relaxing getaway to Hilton Head and the unspoiled isles of the Low Country. The coast offers beach-bound visitors the freshest seafood, amazing architecture, indulgent spas, and unparalleled golf. But there's much more to the state than its seaboard—from the rugged beauty of the Blue Ridge to the quiet charm of Thoroughbred Country. Join us as we explore South Carolina, experience her well-known offerings, and discover some of her secrets.

BODY AND SOUL ▶

Fun in the Mud

Treatments at The Spa at the Inn at Palmetto Bluff incorporate unique traditions and indigenous ingredients such as cornmeal, peaches, cotton, wild rice, and red river clay. The most popular option for couples is Spa Boggin', named for the age-old local activity "boggin' in the pluff," or frolicking in the rich mud along the rivers and marshes. The experience is elegantly re-created in the spa's couple's suite where a detoxifying pine and cypress steam and piney sea salt exfoliation precede the Palmetto pluff boggin'. This is followed by champagne and oysters in an invigorating Spanish moss and citrus bath on the private balcony and 60 minutes of side-by-side hydrating massages.



PHOTO COURTESY OF THE INN AT PALMETTO BLUFF

ASK A LOCAL ▶

What's Your Favorite Restaurant?

"My husband and I love the water, so our idea of heaven is to sit outside and look at the boats while we dine. There is nothing better than having lunch at the Quarterdeck in Harbour Towne (843-842-1999) on a sunny day, watch the boats go in and out of the harbor, and take a stroll afterward past the lovely shops. Our favorite is fried local oysters—fresh, hot, and simply presented with tartar sauce and homemade coleslaw."



Mary Woodmansee Green, Music Director, Hilton Head Symphony Orchestra

GREAT GOLF ▶

The May River Golf Club at the Inn at Palmetto Bluff

The 18 holes of this Jack Nicklaus-designed masterpiece wind through 100-year-old oaks, across tidal creeks, and along the May River. Paspalum-turf tee boxes and fairways, white sand bunkers, and 7,171 yards of gently rolling slopes offer unparalleled play and unique challenges. The back nine feature an unusual three par 3s, three par 4s, and three par 5s. Recognized on Travel + Leisure Golf's "2004 Best New Resort Courses" list, the May River Club also features a generously appointed clubhouse, pro shop, and sizeable practice facility. Play is reserved exclusively for club members and guests of the inn, creating a relaxed environment for enjoying the game and soaking in the scenery.



PHOTO COURTESY OF THE INN AT PALMETTO BLUFF